

Further Understanding

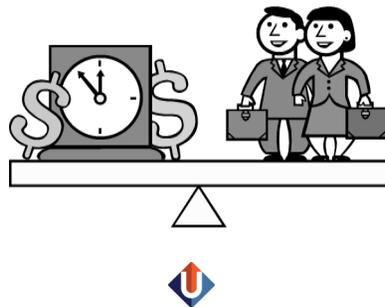
The man who fears God will avoid all extremes.

Proverbs 6:6-11

What does this passage mean?

Ecclesiastes 5:10-11

What does this passage mean?



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UPPER ELEMENTARY & ABOVE

LEVEL 4

CLASS NOTES

LESSON 20



CREATION AND THE BEGINNING OF HUMAN HISTORY

THIS WEEK'S BIG QUESTION

What is the Sabbath?

MEMORY VERSE

Exodus 20:11

¹¹ For *in* six days the Lord made the heavens and the earth, the sea, and all that *is* in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it.

Lesson Notes

Theme:

Point 1:

Point 2:

Point 3:

I can apply what I learned by ...

Memory Verse: Exodus 20:11

Fill in the missing words in the memory verse. Look up the verse in the Bible if you can't remember the missing words.

¹¹ For *in* _____ days the _____ made the _____
and the _____, the _____, and all that *is* in them,
and _____ the _____ day. Therefore
the Lord _____ the _____ day and
_____ it.

Acrostic Poem

Use each letter of the word Sabbath to start a phrase that says what we should do on a holy day of rest.

S

A

B

B

A

T

H

