



CREATION AND THE BEGINNING OF HUMAN HISTORY

#20 - God Rests From His Work
Genesis 2:2-3

PICTURES NEEDED

20-1 Day 1
20-2 Day 2

20-3 Day 3
20-4 Day 4

20-5 Day 5
20-6 Day 6

20-7 Very Good
20-8 Day 7

REVIEW

- **Big Question:** Who is the Creator God?

God is the one who made us and we belong to him.

- **Lesson Rhyme:** Review the lesson rhyme.

G—G

Good

God designed

all things to be

G—G—Good

God liked what

he did see

Make sign of "G"

Thumbs up sign

Lift arms up in air

Point R index finger out & move in horizontal circle

Same as above

Thumbs up sign, shake head "yes"

Put right hand above eyes & look around



G

LESSON CONTENT

- **Introduction:** Show visual (picture 20-1 to 20-8)

What are these pictures of? (Review all the days of creation)

- Day 1 – Space and matter (a place to put things and the stuff things are made of), light and energy
- Day 2 – Earth and sky (separation of waters into that above and that below)
- Day 3 – Separation of dry ground from water (land and seas) and plants (vegetation)
- Day 4 – Heavenly bodies to mark seasons and give light (sun, moon, stars)
- Day 5 – Sea life and winged creatures (birds and insects)
- Day 6 – All types of animals (those that crawl along the ground, wild animals and livestock) and man (male and female in God's image)

What did God say about his creation? God said his creation was very good. It worked the way he wanted it to.

On the seventh day God rested from all the work he had done. He enjoyed all that he created. God tells us to rest on the seventh day. He calls the seventh day the Sabbath. It is a day that we should stop our work, think about God, and honor him for all that he has done for us. Sunday is the Sabbath day for Christians.

What do we do on Sunday? Why is that important to do?

The big question for this week is: **What is the Sabbath?** Listen as I read the lesson book and see if you can answer the question afterwards.

- **Lesson Book:** Read the book. Refer to the discussion questions.

Title: Why do we go to church on Sunday?

Page 1—Genesis 1:31

(Picture of hands holding sun)

In six days God created
the things he said were good.
Good is when things function
in the way God says they should.
God worked very hard
in making things to be.
As he created earth and sky
and every thing we see.

Page 2—Genesis 2:2

(picture of God's creation)

On the seventh day God rested
as all his work was done.
Everything was put in place,
the earth, the stars, the sun.
Through this God did establish
a week with seven days.
The seventh day a Sabbath
to fill with worship and God's praise.

Page 3—Genesis 2:3
(picture of Adam feeding animals)
God set aside the Sabbath day
as a day of rest.
He always knows what’s needed
and for us he wants the best.
He commanded us to work real hard
six days every week.
And on the seventh day of rest,
him we are to seek.

Page 5—Isaiah 56:2
(picture of child going to church)
The work that’s done on other days
on Sunday’s put aside.
And we set our mind on Jesus
so with him we abide.
We focus on the Lord our God
in heaven up above,
And the goodness of creation
and his abundant love.

Page 4—Exodus 20:8-10a
(picture of a church)
God knows we need to take a break
from the work we do.
A day to go to church
and learn about what’s true.
So each and every Sunday
to church we gladly go.
That we love and honor God
through our worship we do show.

Page 6—Jeremiah 17:22
(picture of a person studying scripture)
God has given us the Sabbath
as a day of rest.
He always knows what’s needed
and for us he wants the best.
Six days you should work real hard
in everything you do.
Then on Sunday go to church
to give God the honor he is due.

DISCUSSION QUESTIONS

Page 1: How long did it take God to create everything that exists in the universe? What does it mean that it all was good?

Page 2: What did God do on the seventh day? Why was he able to do that?

Page 3: What did God set aside the seventh day to be? Why did he do that? What does God want us to do on the other six days?

Page 4: What are we to do on the seventh day? What do we do in church on Sunday?

Page 5: On Sundays and every day what should we set our mind on? Why?

Page 6: Why has God given us the Sabbath? What should be our response to God?

Review: Select a couple questions from above to ask the students again.

Prayer: Thank God for all that he has done. Thank him for the wonder of his creation. Thank him for creating man and giving him a place to live. Thank God for giving man a day to rest and honor him.

The Big Question: What is the Sabbath?

On the seventh day of creation, God rested and called it holy.

ACTIVITIES

Any age appropriate activity can be included which fits into the club time. The activities with a star are included on the class notes handout sheet.

★ **Lesson Rhyme:** Practice the lesson rhyme with movements.

S—S	Make sign of "S"
Sunday	Hands up, palms facing out, make vertical circles going outwards
A day of peace and rest	Hands together in front, move out palms down
S—S—Sunday	Cross arms in front of chest, lean backwards
God knows for us	Same as above
what's best	Point to head then self
	Thumbs up



★ **Activity:** Drawing

Draw a picture of a church.

★ **Coloring:** Color the lesson picture

★ **Letter/Sound Recognition:** Say the sound of and trace over each letter in the boxes.
With which sound does Sabbath begin?

★ **Song:** God Is So Good

God is so good, God is so good,
God is so good, He's so good to me

Additional Verses

I love him so
I worship him
I will obey

JOURNAL

The journal is passed out at the end of class for the students to complete at home. It has six poetic readings and related Bible verses. It would be beneficial for the teacher to read through and be familiar with its content.