



CREATION AND THE BEGINNING OF HUMAN HISTORY

**#20 - God Rests From His Work**  
**Genesis 2:2-3**

PICTURES NEEDED

20-8 Day 7

NURSERY CONCEPT

God rested on the seventh day and called it holy.

LESSON CONTENT

Show the visual. (Picture 20-8)

What is this a picture of?

We go to church on Sunday. Sunday is the seventh day of the week. On the seventh day God rested from all the work he had done. He enjoyed all that he created. God tells us to rest on the seventh day. He calls the seventh day the Sabbath. It is a day that we should stop our work, think about God, and honor him for all that he has done for us. Sunday is the Sabbath day for Christians.

QUESTIONS

What does God want us to do on Sunday? Why should we do that?

## PRAYER

Thank God that we can go to church on Sunday and have a day of rest to honor him.

## BIG QUESTION

**What is the Sabbath?**

On the seventh day of creation, God rested and called it holy.

## CONCEPT MOVEMENTS

God	Lift arms and eyes up
rested	Put hands on side of head and tilt like sleeping
on the seventh day	Hold up seven fingers (3 on one hand, 4 on other)
and called it holy.	Lift arms and eyes up

## COLORING

Color in the lesson picture on the class notes.

## ACTIVITY

Name the picture in the boxes on the back of the class notes.

## LESSON SONG

### **God Is So Good**

God is so good, God is so good,  
God is so good, He's so good to me

### Additional Verses

I love him so  
I worship him  
I will obey