

Booklet Introduction

After they left the garden, Adam and Eve had two sons, Cain and Abel. God told Cain and Abel to bring him an offering. Abel gave God the first and best sheep from his flock and God was pleased with Abel's offering. Cain just gave God some grain he had grown. God wasn't pleased with Cain's offering because Cain didn't give him the best.

Cain was jealous of Abel and his offering. God warned Cain to do what was right but Cain wouldn't listen to God. There was evil in his heart. Cain killed Abel so God had to punish him.

Discussion Questions

Day 1: Who were Cain and Abel? What did God want them to do?

Day 2: What did Abel give to God? What did Cain give to God? What does God want us to give to him? Why?

Day 3: Why was God pleased with Abel? Why wasn't God pleased with Cain?

Day 4: What was wrong with Cain? What did God warn him not to do? What did Cain do to Abel? Why did Cain do that?

Day 5: What curse did God put on Cain? Why did God do that?

Day 6: What will we do if we are like Cain? How do we keep from being like Cain?

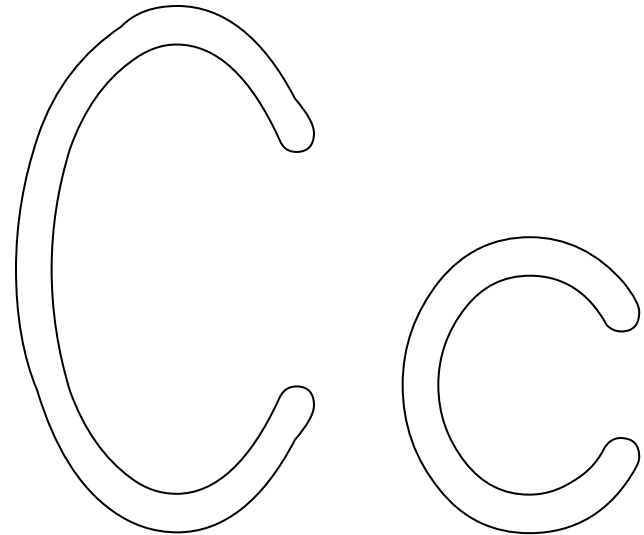
Lesson Rhyme

C—C	Make sign of "C"
Cain	Move "C" to forehead
Son of	Move arms down like rocking baby
Adam	Put up R index finger & then middle next to it
And of Eve	
C—C—Cain	Same as above
God's heart	Pat heart
he did grieve	Fists in front of eyes like rubbing tears



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Who was Cain?



C—C—Cain
Son of Adam and of Eve
C—C—Cain
God's heart he did grieve

Day 1

Draw a picture of Cain and Abel.

Cain and Abel were the sons
of Adam and of Eve
In choosing to do evil,
Cain God's heart did grieve.
God had told the brothers
to give a sacrifice of praise.
They were to honor God
and follow in his ways.

Day 6

Draw a picture of you thinking.

Don't choose to be like Cain
and end up doing wrong.
If you follow Satan's lies
to him you will belong.
Set your mind on Jesus
and love what he does love.
Choose to do what's right
and to honor God above.

Genesis 4:1-2a: ¹ Adam lay with his wife Eve, and she became pregnant and gave birth to Cain. She said, "With the help of the LORD I have brought forth a man." ² Later she gave birth to his brother Abel.

1 John 3:11-12: ¹¹ This is the message you heard from the beginning: We should love one another. ¹² Do not be like Cain, who belonged to the evil one and murdered his brother. And why did he murder him? Because his own actions were evil and his brother's were righteous.

Day 5 Draw a picture of Cain being sent away.

The blood flowed out of Abel,
seeped down into the field
God said the ground for Cain,
no longer crops would yield.
He also put a curse on Cain
and sent him far away.
Since Cain had followed Satan
and God did not obey.

Genesis 4:10-12: ¹⁰ The LORD said, "What have you done? Listen! Your brother's blood cries out to me from the ground. ¹¹ Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. ¹² When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth."

Day 2 Draw a picture of the offerings of Cain and Abel.

Abel followed God's command,
he brought the firstborn from his flock.
Cain just offered up some grain
from what he had in stock.
God wants us to give to him
the best of what we own.
Giving God the best
is the way great honor's shown.

Genesis 4:2b-4a: Now Abel kept flocks, and Cain worked the soil. ³ In the course of time Cain brought some of the fruits of the soil as an offering to the LORD. ⁴ But Abel brought fat portions from some of the firstborn of his flock.

Day 3 Draw another picture of Cain and Abel.

God was pleased with Abel,
his offering it was good.
He had honored God
just as God had said he should
But Cain did what he wanted,
to please God he didn't care.
So he followed evil
and got trapped in Satan's snare.

Day 4 Draw a picture of Cain killing Abel.

Of Abel Cain was jealous,
his heart it wasn't right.
God warned him to do good
and not with Abel fight.
But Cain instead killed Abel,
sin had become his master.
And giving into sin
always leads to great disaster.

Genesis 4:4b-5: The LORD looked with favor on Abel and his offering, ⁵ but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

Genesis 4:6-8: ⁶ Then the LORD said to Cain, "Why are you angry? Why is your face downcast? ⁷ If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it." ⁸ Now Cain said to his brother Abel, "Let's go out to the field." And while they were in the field, Cain attacked his brother Abel and killed him.