

Lesson Introduction

When you look at the stars in the sky, what does it make you think about? There is something about looking up into the heavens that causes us to think about God. God knows everything there is to know about his creation and calls each of the stars by name. We should praise and worship God for who he is. Exalt is a word that means to praise or worship. To know God and be able to praise and worship him is a great treasure. No treasure on earth compares to the treasure of knowing God. We thank God that we can know and exalt him.

Discussion Questions

Day 1: Who are the three persons of God? How many gods are there? What does it mean that God is holy and perfect? How can we honor God?

Day 2: How is God different from us? Why can't we see God?

Day 3: How do we know that God is real? Why is God worthy of praise? What is praise? What can we do to praise God?

Day 4: Who is Jesus? What does Jesus help us understand? How does Jesus show God's love?

Day 5: What does it mean to exalt God? What is shame? How do we bring shame on ourselves? How do we please God?

Day 6: What happens when we honor and exalt God? What causes God to turn his back on us?

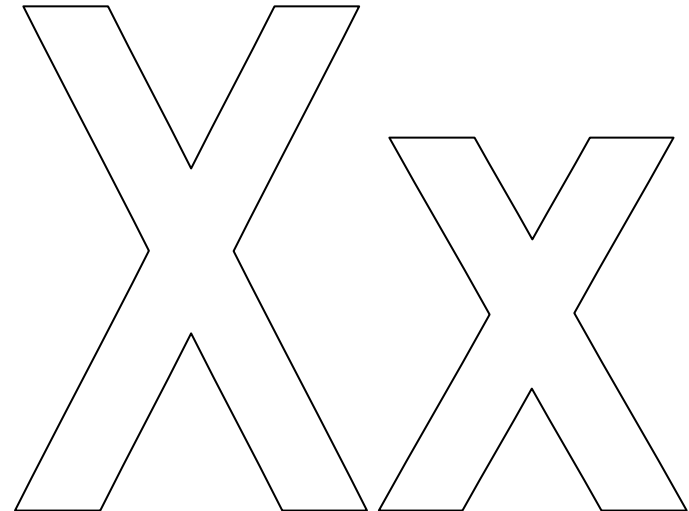
Lesson Rhyme

X—X	Make sign of "X"
Exalt	Lift arms & head up
Praise God's	Wave arms above head
holy name	L hand vertical, strike L in-
dex finger with 1st	
	two fingers of R hand
X—X—Exalt	Same as above
Don't do what	Shake head "no"
will bring shame	Drop head in shame, wiggle fingers down
	from eyes like crying



In the Beginning 21

How do we exalt God?



X—X—Exalt

Praise God's holy name

X—X—Exalt

Don't do what will bring shame

Day 1

Our God is holy, perfect:

Father, Spirit, Son.

Although he is three persons,

he is really only one.

As he is holy, perfect,

there is nothing he does wrong,

And so to him in worship

we exalt his name in song.

Draw a picture of you worshipping God.

Day 6

When we honor and exalt God,

we are doing what is right.

Our hearts are filled with joy,

understanding and God's light.

But if we follow other gods,

our lives will always lack.

As chasing after what is wrong,

causes God to turn his back.

Draw a happy picture of yourself.

Hebrews 1:3:³ The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven.

Psalms 100:2-3:² Worship the LORD with gladness; come before him with joyful songs.³ Know that the LORD is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.

Day 5

Exalt means that we honor God
and praise his holy name.
We worship and adore him,
not doing what brings shame.
We understand that through him
we have everything we need.
So we do what pleases him,
both in word and deed.

Draw a picture of yourself doing something good.

Day 2

God is very different,
he is not like us at all.
While he is great and mighty,
we are very small.
He doesn't have a body;
he's a spirit everywhere.
So we cannot see his face,
like we cannot see the air.

Draw a picture of you looking into the sky.

Psalm 99:1-3: ¹ The LORD reigns, let the nations tremble; he sits enthroned between the cherubim, let the earth shake. ² Great is the LORD in Zion; he is exalted over all the nations. ³ Let them praise your great and awesome name— he is holy.

Isaiah 44:6: ⁶ “This is what the LORD says— Israel’s King and Redeemer, the LORD Almighty: I am the first and I am the last; apart from me there is no God.

Day 3

But we know that God is real;
 he created you and me.
He made the things around us,
 everything that we can see.
Because he is creator,
 he is worthy of our praise.
So to honor and exalt him,
 we in worship voices raise.

Draw a picture of different things God has made.

Day 4

Jesus is the Son of God;
 he's God in every way.
So we honor and exalt him
 in what we do and say.
Jesus helps us understand
 the love God has for men.
Since he gave his life to rescue us,
 saving us from sin.

Draw a picture of Jesus on the cross.

Colossians 1:16: ¹⁶ For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him.

Colossians 1:19-20: ¹⁹ For God was pleased to have all his fullness dwell in him, ²⁰ and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.